

Spa Day Rituals

Our full day Spa Rituals are created to allow you to choose a package that is right for your mind, body and soul, focusing on the earth's five elements; fire, wood, earth, water and metal. Each package incorporates full use of our spa facilities, hire of a robe package and one course lunch with a glass of house wine.

FIRE - RELAX
£119.00 / £129.00 per person
75 minutes

For a calm body and mind - Includes a Back Massage and Facial

Our Fire Spa Day, aimed at total relaxation for those in need of some me time. This package commences with a **Warm Shea Butter Candle Back Massage**; the warm oil soothes tension with deep flowing massage movements whilst the aromas of lavender, ylang-ylang and sandalwood relax the mind, you will also receive a **Royal Jelly De-Stress Facial**. Combined with warm holistic obsidian stones and with renowned royal jelly, this facial therapy soothes skin showing signs of stress and suits all skin types.

Please refer to our Spa brochure for details on all of our Spa Day Rituals.

Midweek (Monday - Thursday) / Weekend (Friday - Sunday)